Week 2 on....
The Five Love Languages..
Mark Twain once said “I can live for two months on a good compliment.” Verbal appreciation speaks powerfully to persons whose primary Love Language is “Words of Affirmation.” Simple statements, such as, “You look great in that suit,” or “You must be the best baker in the world! I love your oatmeal cookies,” are sometimes all a person needs to hear to feel loved.
Our exercise…
How did we go?

- Write down the names of all the people in your house (spouse included).
- Write down 10 positive things about each of these people.
- What words of affirmation can you give each of these people.
BRANDON
Funny
Witty
Cooking
Helping
Thoughtful
Resourceful
Generous
Caring
Animal lover
Sporty
Mateship
Strong
sense of
family

RENAE
Loving
Cuddly
Helping
Crafty
Caring
Strong sense
of family
Giving
Sensitive
Does things
without being
asked
Mindful of
others feelings
Friendly
Love Language Number 2:
PHYSICAL TOUCH
Bertie's cuddling skills needed improvement, but Rover's innate politeness kept him from explaining it to him.
You don’t need an excuse...

Thunnerstormz

Change evverthing
My child…

How do you know that this is/is not your child’s love language?

“What I like most about my mom is that she always supersizes her hugs.”
Let’s talk about it…

Do you provide enough touch to your children in appropriate circumstances? Why or why not? How could you improve?
Reflect on whether physical touch might be the primary love language of any of your children. If it is, explain why you have drawn this conclusion. Invite group members to share their own childhood experiences with regard to physical touch, positive or negative. What can you learn from these experiences?
Discuss ways to get involved in “low-key,” age-appropriate forms of physical touch, in addition to the normal hugs and kisses your children need. Identify opportunities to put these other forms of touching into practice.