The Five Love Languages..
What are our love languages...

Words of Affirmation
Quality Time
Receiving Gifts
Acts of Service
Physical Touch
Words of Affirmation

• Mark Twain once said “I can live for two months on a good compliment.” Verbal appreciation speaks powerfully to persons whose primary Love Language is “Words of Affirmation.” Simple statements, such as, “You look great in that suit,” or “You must be the best baker in the world! I love your oatmeal cookies,” are sometimes all a person needs to hear to feel loved.
Love Language Number 2: PHYSICAL TOUCH
Quality Time

• Quality conversation - It involves sharing experiences

• Quality activities - Setting aside focused time

How much quality time, that is, time spent with your child beyond meeting his essential needs, have you given each of your children during the past week?
Receiving Gifts

- These gifts need not to come every day, or even every week.
- They don’t even need to cost a lot/any of money.

Think of a gift you’ve received, either as an adult or a child, that really meant a lot to you. Why?

Within the next month, give a gift to each of your children that is not tied to a special occasion.
What is a Gift?

Discuss ways in which we might teach our children to see all of life as a gift. Reflect on the “greatest gifts” – those that are free and of great value. Talk about ways we might teach our children a spirit of unconditional generosity.
Acts of Service

Take inventory of everything you do for your child. Is it too much? Would your child be better off if you taught her some of these things? Depending on age, schedule some time to teach them how to do appropriate tasks. View this, in itself, as an act of loving service.
Five love languages

http://www.moody.edu/mp/promo/gar ychapman/free_res_land/index.html