



GROWING TOGETHER

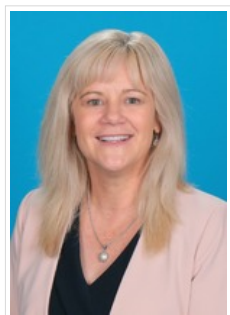
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Newsletter Term 4 Week 6

## Principal's Perspective



Dear Parents,

Here we are at the end of Week 6. Time is flying by! We have only 4 weeks left of school for 2019. Yesterday, we had the kindy information session. It was lovely to see so many new parents there. We have 91 kindy students for 2019, so we are very excited. There are now 3

teachers in kindy for next year. Mrs Robyn Amiguët (K1,K2), Mrs Zara Borell (K3) and Mrs Caitlin Douglas (K4,K5). We are all looking forward to meeting our new kindy students at transition in two weeks.

### Kindy/PP Busy Bee

On Saturday 30<sup>th</sup> November, commencing at 8.30am there will be a Kinross Busy Bee in the K/P playground. We need as many parents as possible to help with the following:

1. Removing roots and debris from the soil-raking and shovelling
2. Smooth out sand in large sandpit
3. Remove limestone path, plants and edging from triangular garden bed
4. Sand to be removed from sandpits and relocated-need wheelbarrows

I am hoping we can get this done in two hours or so with many hands. By preparing the ground, we can commence planting and mulching, ready for new playground equipment to be added early next year.

Please bring along your garden gloves (some provided), rakes, shovels and spreaders. If you have a wheelbarrow and it is easy

to fit in your car bring that along too. Large buckets would also work.

Morning tea will be provided for afterwards.



[https://kinrossps.schoolzineplus.com/\\_file/media/1469/carols.jpg](https://kinrossps.schoolzineplus.com/_file/media/1469/carols.jpg)

### School Rewards

Ocean Keys Shopping Centre will be conducting a 'School rewards' promotion in Term 1, 2020. Customers who shop at Ocean Keys Centre can allocate every dollar they spend as points towards their nominated school. The local schools with the most points win!

Campaign Dates: Monday 3<sup>rd</sup> Feb-Sunday 8<sup>th</sup> March

Prizes: \$5000, \$3000, \$200

All other schools receive a \$200 Ocean Keys Gift Card.

Customers are encouraged to sign up and upload their receipts and nominate the school of their choice. Each dollar spent will equal 1 school reward point. All schools will appear on a leaderboard on the campaign website which will chart each school's place, with live updates throughout the campaign.

I encourage parents to participate for the benefit of Kinross PS. We are fundraising for the K/P Playground.

### Christmas Carols Night

The Kinross Carols Night will be held at school on Monday 16<sup>th</sup> December. This year we are going to perform at the front of the school in front of the office. Parents and families are all welcome. Bring a picnic to enjoy and sing along with us.

Families will sit on the banks among the trees. Children will not be allowed on the school playgrounds or into the school area, unless using the toilets. Sausage Sizzles will be available and there will be some stalls, ice-cream and drinks vans. Santa will be visiting later in the evening. I hope to see you there.



### Kinross Fun Day

Kinross Fun Day will be held on Tuesday 17<sup>th</sup> December. I am in need of parent helpers to supervise activities along with a teacher. The Junior Session runs from about 9am-12pm. The Senior Session runs from 12pm-2.55pm. If you are free and want to come and help please email me at [Therese.Gorton@education.wa.edu.au](mailto:Therese.Gorton@education.wa.edu.au) so I can roster you on.



I am looking forward to all our end of year events.

Have a lovely fortnight.

Kind regards,

Therese Gorton

Principal



### Mindfulness in TA10

During Wellbeing Week, the whole school participated in a myriad of wonderful activities including celebrating Outdoor Classroom Day. TA10 thoroughly enjoyed their time outdoors completing a 'melting moments' Science activity and mindful colouring in the

Sensory Garden. It was so wonderful to see people enjoying their time outdoors and we were very lucky to get lovely weather on the day.



### Pre-Service Teachers and Work Experience

Over the last 4 weeks, we have had several pre-service teachers and workplace learning students in our school. Their time is now either over or coming to an end and I would like to thank them for their hard work and dedication during their time here. Mentoring future teachers and education assistants is an important role that we play and is very rewarding. I wish them all the best in their future endeavours.

# Thank You!

## Final Message from Kapture Photography

We have been advised by Kapture Photography that all sports and/or special team photos taken this year will be removed from their website at the end of this term in readiness for next year's photography. This is your last chance to view and purchase these photographs. Please visit [www.kapture.com.au](http://www.kapture.com.au) and access the gallery using our school code; **R9L29T**

This code can also be used to purchase class or individual photographs should you have missed out earlier in the year.

## Mrs Dodge's News



### Mathletics Gold Superstars

Congratulations to the following students for their achievement of gold status in Mathletics.

-Hezekiah Cruz TA10

-Reece Hook TA1

-Nathaniel Lacase Hitie TA2B

-Kieron Makwili TA17

-Heather Savery TA18

-Emily Brandish TA15

To achieve gold, these students have earned 1000 points a week for twenty weeks this year. Well done!

### Mia B- Netball Star

I would like to congratulate Mia Bertram in Year 6 for her recent achievement in being selected as Vice-Captain for her state netball team. As the youngest on the team, this is particularly impressive news and highlights the commitment, leadership and sportsmanship qualities that Mia holds in order to fulfil this role. Mia will be competing in Queensland in the next few weeks and we wish her all the best for this upcoming event. Good luck, Mia!

## TA15 & TA16 Show Us How It's Done

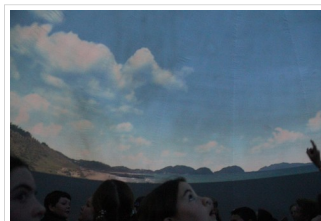
The Year 5 students of TA15 and TA16 entertained us with their comedy and dance skills for their recent assembly item. The audience was highly amused by their video which showcased the Year 5s dancing in perfect synchronisation as they moved

in two lines throughout the school. They also finished with an uplifting song linked to our Health and Wellbeing Week that made us all smile and feel ready to tackle the day ahead. Congratulations TA15 & TA16. You should be very proud.



## Star Gazing Success!

On Friday the 8<sup>th</sup> November, we held a star gazing day and evening for Year 5 students. During the school day, students attended a Scitech incursion including a trip into the 'Space Dome'. The Space Dome took students on a virtual tour of the night sky, guided by laser light. Later in the day, students arrived back at school at 5pm to have a movie night with a pizza dinner. By 7pm we were looking through highly specialised telescopes to witness some truly spectacular sights such as the moon, Saturn, Jupiter and a cluster of stars. It was amazing. A special thank you to the Year 5 staff who volunteered their time on Friday evening to run this event for our students.



## Mrs Hedge's News



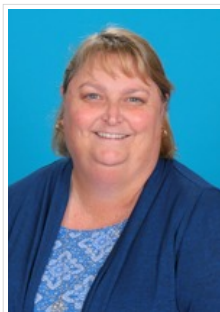
### Zones of Regulation

As you may be aware, at Kinross PS we use the 'Zones of Regulation' program to help our students develop vital self-regulation skills. Throughout the program, the students learn how to identify their emotions and develop a 'toolkit' of strategies to help them feel

better. The program uses four colours to identify a range of emotions: Green, Yellow, Red and Blue. Ideally, we want our students to be in the 'Green Zone' as this is when they are happiest and ready to learn. However, we all feel like we're in the 'Yellow, Red and Blue Zones' at times and it is important for children to learn that this is normal. The toolkits allow students to identify strategies such as deep breathing, counting to ten and going for a walk to help them regulate their emotions and get them back in the 'Green Zone'. Throughout our school, we have several posters and signs to promote the 'Zones of Regulation'. When you see these signs, please discuss them with your child.

## What Zone Are You In?

Blue	Green	Yellow	Red
Sick Sad Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Yelling/Hitting Disgusted Out of Control



## Wellbeing Week

What a fantastic and busy week we had celebrating Health and Wellbeing throughout the school! The students had fun earning points for the Mind and Body-a-thon by participating in regular energy breaks, completing a quiz and attending additional activities before

school and during lunchtime.

The students enjoyed an amazing range of lunchtime activities thanks to many fabulous volunteers. We would particularly like to thank the following parents and organisations for giving up their time:

Wendy Pinion Jones

Suzie Phillips

Ai Shin Cruz

Bec Schelfhout

Mitch White

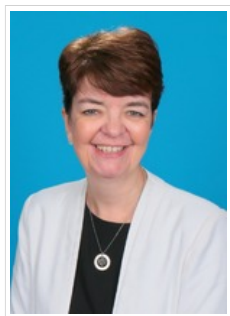
Sean McCrory from Rebel Fitness

Aspire Group Fitness

Transgenesis School of Yoga

Courageous Heart

## Mrs Bennier's News



### Diary dates Kindy and Pre Primary parents.

Parents please be aware of the following dates and save them in your diary.

#### Kindy 2020 Kindy Orientation Morning.

On **Wednesday 4th December** we will have our Kindy Orientation morning,

where children will get to meet their teacher for 2020 and spend some time in their new classroom.

#### Pre Primary 2020 Parent Information morning.

Our present Kindergarten students will soon be full time Pre Primary students, which is a very exciting time for them and their families.

There will be a parent information morning at **8.45am on Thursday 5th December**. The Pre Primary teachers will meet parents and caregivers to share with them their expectations for the upcoming year and how to ensure transition is smooth by helping the children to be ready for the exciting year ahead.

Kinross Playgroup invites you to last play-date for families starting Kindergarten at Kinross Primary School in 2020.

It was also great to see so many parents and caregivers coming along to our open afternoon on the Wednesday to view the children's work books and displays.

Fortunately, we had beautiful weather all week which facilitated a lot of lessons to be conducted in the outdoors each day but in particular on the Thursday which was celebrated throughout Australia as "Outdoor Classroom Day".

A huge thank you to our P & C for supplying the Canteen vouchers as prizes for the week along with the City of Joondalup for supplying vouchers for a family swim at Craigie Leisure Centre. With the hot weather we have been experiencing, I'm sure our lucky winners will have a great time spending a day with their family enjoying a swim.

The year level winners of the Mind and Body-a-thon were:

Kindy - Senan from K2. With honourable mentions given to Levi, Justin, Charlie and Eloise.

PP - Finn from PP1

Year 1 - Nicholas from TA3

Year 2 - Keegan from TA7

Year 3 - Ash from TA8

Year 4 - Alexander from TA13

Year 5 - Emily from TA15

Year 6 - Aimee from TA16

## Mental Health in Schools Project

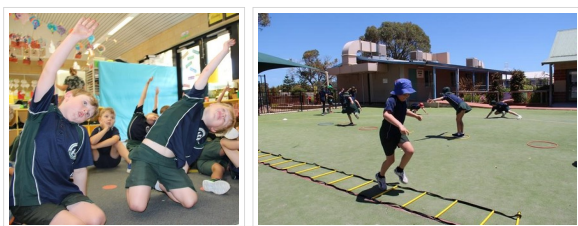
The winner of the Mindfulness Colouring Competition was Isaiah from TA1. The runners up were Lucy from PP1 and Evie from TA14.

Finally, the class with the overall highest average score in the Mind and Body-a-thon was achieved by Year 4 – TA12, Mr Dombrowsky and Mrs Jones. This lucky class have earned additional time on the waterslides during our Fun Day in Week 10. Well done, TA12! I'm sure that you will enjoy your extra time on the slides that lunchtime.

Many thanks to the BE YOU Action Team and the Sunshine Committee for all of your hard work in preparing for the week. We hope you all enjoyed an amazing Wellbeing Week!

Mrs Michelle Bell

Mental Health Co-ordinator



## Music News



### Kinross Primary Christmas Carol Night

One of my favourite events of our school of year is almost upon us - our annual Christmas Carol Night! This year, the majority of our wonderful students are involved so please note the date down in your diary and come along to be

thoroughly entertained. I would like to thank the P&C for their help in the planning and organising of this fantastic event.

*Christmas Carol Night, Monday, 16th December 2019*

*4.30pm - Food, drink & craft stalls*

*6pm - Carols & musical entertainment*

### Connolly Carols

Our wonderful choir have been kindly asked to join the Circle of Friends Choir to perform in 'Connolly Carols' at Connolly Community Centre on Monday 2nd December. We will be singing our own songs, as well as joining with the ladies choir, and performing a program of traditional and modern Christmas carols mixed with rousing new songs to entertain parents, carers and the community. Please come along and support us all. Entry is free of charge and Morning Tea will be provided by the incredible Circle of Friends Choir.

*Connolly Carols, Monday 2nd December 2019, 9.30-10.30am*

*Connolly Community Centre, Glenleg Place, Connolly*

## Health News



### Ladies afternoon tea

Our Ladies afternoon tea was held last Wednesday for the year 5 girls and their caregivers.

The child health nurses from the Health Department talked to the girls about puberty and what happens to girls as they grow up. It was an informative and fun session with cups of tea and coffee and biscuits. The girls also received a gift pack to take home.

This is an important part in our girls lives and I would like to thank the girls and their Mums for attending the afternoon.

Mrs Dearle



## Library News



### Book Club Issue 8!

Our last book club order for the year! Issue 8 orders are due online by **Friday 23<sup>rd</sup> November 2019**. Just a reminder that all purchases do help our school library purchase up to date books with our reward points we receive from every sale through book club. **WE WISH TO THANK YOU ALL FOR YOUR SUPPORT ON PURCHASING ITEMS FROM OUR BOOK FAIRS AND BOOK CLUB THE PAST YEAR.**

Library Staff



Many blessings,

Ilanie Rensburg

## P&C News

### Uniform Shop \*\*\* CHANGE TO OPENING HOURS \*\*\*

The uniform shop will open Tuesdays AND Thursdays until the end of term 4. Our last day of opening will be THURSDAY 5<sup>th</sup> DECEMBER 2019. Parents please note we will not be open week 9 or 10. We encourage you to email us with your orders and collect them in January.

We will be open on Weds 29<sup>th</sup> Jan 11am – 4pm and Thursday 30<sup>th</sup> January 8am – 2pm to size new uniform or collect orders.

We would like to thank you all for your support this year!

Second hand will continue to be available on Tuesdays.. If you have old uniform that no longer fits please consider donating as the money raised from second hand sales cover the EPTPOS fees. Why not layby your uniform for next year. Pop in and see Margaret. Layby payments can be made via direct deposit or at the uniform shop.

School bags have arrived but we do have limited stock. If you would like a KPS bag please see us at the uniform shop or order via email.

## Chaplain's News

Dear KPS family,

Communication is a weird thing! Well intended words can sometimes be perceived as insults and compliments as criticism. Thus, it's not always about the words, but the stuff in between that is not said that carries over the message. I recently came across the following: Instead of saying "Sorry", have you tried replacing it with "Thank you"? This small change makes others feel valued and lifts your spirit and self confidence too!

I am sorry I'm late

Thank you for waiting on me!

I am sorry I've been so needy lately

Thank you for being there for me!

I am sorry to ask you for another favour

Thank you for helping me out!

I am sorry I made a mistake

Thank you for pointing out my mistake!

I am sorry, I can't make it tonight

Thank you for inviting me!

I am sorry for being emotional

Thank you for loving/caring about me!

I am sorry for being distant lately

Thank you for being understanding!

We always welcome new faces so if you'd like to help out next year we would love to have you! Please see Margaret if you'd be keen!

## Canteen News

The canteen will be open from 8.15 Tuesday - Friday. (Parents please note children should not be at school before this time). Please remember to utilize [www.quickcliq.com.au](http://www.quickcliq.com.au) for your online ordering and save time lining up or digging out change in the mornings.

Much of our canteen food is made from scratch and Claire makes a selection of healthy but tasty treats for recess each week.

We are always grateful for more volunteers especially on a Thursday and Friday as these are our busier days. Our current volunteers do a fantastic job and we are always conscious of overloading them. To encourage new faces we are giving our parent helpers a meal deal voucher for one child on the day they help ( 8.30 – 11 or 11 – 1.30) Please see Claire if you're keen!



## School Banking with the Commonwealth Bank School Banking Program:

Every time a new child registers for school banking the school gets money. We also earn money from our regular bankers each term.! Our income from school banking this year (including term 4 of last year) is just over \$1000. This has been split equally between the junior and senior years and will be used to update math supplies for the classrooms.

Our banking numbers are a little lower than usual. Remember you can bank as little as 10c and every time your child banks they receive a silver token. The purpose of banking is to show our children that saving is positive regardless of the amount.

\*\*\* Rewards \*\*\* we have had a few orders of the fluffy yeti notebook. This is unfortunately out of stock. We will make contact with those children who have ordered this to see what they would like instead. Apologies for any inconvenience.

Our last School Banking Wednesday for term 4 will be Wednesday 11<sup>th</sup> December. We will resume banking in week 2 of term 1 on Wednesday 12<sup>th</sup> February!

## P&C upcoming Events

### Kindy / Preprimary Busy Bee

Mrs Gorton is organizing a Busy Bee for Saturday 30<sup>th</sup> November from 8.30am. She would love lots of volunteers to come along and help out prepare the kindy / pp area for the new woodchip, mulch, plants and retic going in. The more help we can get the more money we can save. The P&C work very closely with Mrs Gorton and would love to see lots of our members helping out!

### Carboot Sale

We will be holding another carboot sale on Sunday 1<sup>st</sup> December 8am – 11am. With a sausage sizzle and drinks for sale this could be a change to grab some bargains in the run up to Christmas, or why not secure a bay for \$10 and sell your things. Remember one persons trash is another ones treasure. Book your bay with Margaret by emailing [kinrossprimarypandc@gmail.com](mailto:kinrossprimarypandc@gmail.com). All funds raised go to the P&C towards fundraising areas in 2020.



### Christmas Carols

We have joined forces with the wonderful Mrs Brierley again for our annual Christmas Carols night. There will be a sausage sizzle, drinks and festive donuts for sale. We are also organizing a coffee van and icecream truck.

As we did last year, we would love to invite local businesses from our community to have a stall. Spots are \$5 each and spaces are limited. Please contact Margaret via email – [kinrossprimarypandc@gmail.com](mailto:kinrossprimarypandc@gmail.com) if you'd like some more information.

### Summer Disco

Our Summer Disco will be on 14<sup>th</sup> February 2020 as we celebrate the start of another school year. More information will follow before the end of term.

## Other News

[https://kinrossps.schoolzineplus.com/\\_file/media/1434/food\\_suggestion\\_list.pdf](https://kinrossps.schoolzineplus.com/_file/media/1434/food_suggestion_list.pdf)

[https://kinrossps.schoolzineplus.com/\\_file/media/1435/gift\\_suggestion\\_list.pdf](https://kinrossps.schoolzineplus.com/_file/media/1435/gift_suggestion_list.pdf)

[https://kinrossps.schoolzineplus.com/\\_file/media/1474/jkcc\\_family\\_day.pdf](https://kinrossps.schoolzineplus.com/_file/media/1474/jkcc_family_day.pdf)



Kinross Playgroup invites you to last play-date for families starting Kindergarten at Kinross Primary School in 2020.

Friday 13<sup>th</sup> December 9.30 – 11.30am

Please join us at MacNaughton Hall for a cuppa while the kids free play and we all have an opportunity to meet some friends before starting kindy next year.

Siblings are welcome and please bring your child's snacks as we will be meeting over morning tea.

Look for the event through our Facebook page or if you have any questions please contact via email [kinrossplaygroup@hotmail.com.au](mailto:kinrossplaygroup@hotmail.com.au) or Savannah Mackay on 0439 928 149. We look forward to seeing you soon!