

KPS Canteen Winter 2020



Lunch MENU

Order online via www.quickcliq.com.au
We are open Tuesday-Friday

KPS is an allergy aware school.

*Green items can be eaten daily.

● Amber items; choose carefully

HEALTHY CORNER

All items are *Green

Salad Bowl	\$4.50
Lettuce, carrot, tomato & cucumber. With your choice of crumbed chicken, egg, tuna or ham.	
Corn on the Cob	\$1.00
Seasonal Vege Sticks	\$1.00
Carrots, Celery/Capsicum.	
Yoghurt	\$1.50
100ml tub of yoghurt; vanilla or strawberry flavour.	
Popcorn	\$0.50c
Seasonal Fruit	\$0.60

HOT FOOD

All items are *Green

Mac 'n' Cheese	\$3.50
Homemade with Claire's lovely stack base!	
Pasta Bolognese	\$4.00
Homemade tomato Bolognese sauce with spiral pasta.	
Lasagna	\$4.50
Pizza	\$4.00
With Cheese, Cheese & Bacon OR Cheese, Bacon & Pineapple.	
Tuna Mornay	\$4.00

SANDWICHES

Wholemeal OR White bread available

All items are *Green

Cheese OR Ham	\$3.00
Cheese & Ham	\$3.50
Chicken/Tuna/Egg & Mayo	\$3.50
Add salad for 50c.	
Vegetemite	\$2.00

TURN OVER for Drinks, Recess items and After Lunch treats.

TOASTIES

All items are *Green

Cheese	\$3.00
Toasted sandwich.	
Ham & Cheese	\$3.50
Toasted Sandwich.	
Baked Bean	\$3.00
Toasted sandwich.	

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DAILY MEAL DEAL



TUESDAY - Mac 'n' Cheese

Homemade Mac 'n' Cheese
Add a juice box for \$1 OR a Glee for \$1.50.
\$3.50

WEDNESDAY - Chicken Burger

Comes with your choice of mayo, BBQ or tomato sauce.
Add salad items for 75c
Add a juice box for \$1 OR a Glee for \$1.50
\$4.00

THURSDAY - Vegetarian Fried Rice

Add a Brownes Chill OR a Glee for \$1.50
\$3.50

FRIDAY - Sausage Roll ●

\$3.50

Beef Pie

\$4

Party Pies

\$1.50 ea/3 for \$4

*Tomato sauce 50c

*Add a jolly for \$1

(Sold separately for \$1.20)

*Add a Glee or a Brownes Chill for \$1.50

All items, except Friday's options, are *Green

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Canteen

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RECESS

All items are *Green, except the homemade sweets.

Cheesie	\$1.00
Cheese on a slice of bread, add tomato sauce if you wish!	
Pizza Slice	\$0.50c
Flat bread with sauce and melted cheese.	
Popcorn	\$0.50c
Bag of air popped popcorn.	
Apple Slinky	\$0.90c
Spiralised apple with the core removed. Free if you bring your own apple!	
Fruit	\$0.70c
A piece of fresh seasonal fruit.	
Rice Sticks	\$1.00
Flavours: Chicken or Cheese	
Yogo	\$1.50
100ml tub of chocolate yogo.	
Yoghurt	\$1.50
100ml tub of yoghurt, in strawberry or vanilla flavour.	
Homemade Sweets ●	\$0.50c-\$1.
Items vary daily; Pikelets, mini/mega muffins, Anzac biscuits.	

AFTER LUNCH TREAT

All items, except frozen yoghurt are Amber.

Whole Icy Pole ●	\$0.80c
Half Icy Pole ●	\$0.50c
Lemon Icy Twist ●	\$1.00
Frozen Yoghurt	\$0.20c
Vanilla or Strawberry flavour.	
Paddlepop ●	\$1.80
FRIDAY ONLY!	



DRINKS



All items, except water & Sippah's, are Amber.

Water	\$1.00
Hi-Lo Milk with Sippah Straw	\$1.50
Flavours: Chocolate or Strawberry.	
Brownies Chill ●	\$2.00
Flavours: Chocolate, Strawberry, Banana or Mint. AVAILABLE THURSDAY & FRIDAY ONLY!	
Glee ●	\$2.00
Flavours: Bubblegum, Tropical, Raspberry, Blackcurrant.	
Juice Box ●	\$1.50
Flavours: Apple, Apple Blackcurrant, Orange.	